



JANUARY | 2021

MIDVIEW EAST/WEST/NORTH THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 NO SCHOOL</p>	<p>29 NO SCHOOL</p>	<p>30 NO SCHOOL</p>	<p>31 NO SCHOOL</p>	<p>1 NO SCHOOL</p>
<p>4 BREAKFAST POP TART, CHEESE STICK, JUICE LUNCH 1)HOT DOG ON BUN OR 2)CHICKEN NUGGETS/ROLL, BAKED BEANS, FRUIT</p>	<p>5 BREAKFAST SUPER DONUT, GOLD FISH, JUICE LUNCH 1)WAFFLES/SAUSAGE OR 2)CHICKEN NUGGETS/ROLL, CARROTS FRUIT</p>	<p>6 BREAKFAST BREAKFAST BAR, CHEESE STICK, JUICE LUNCH 1) BACON CHEESEBURGER OR 2)CHICKEN NUGGETS/ROLL BROCCOLI</p>	<p>7 BREAKFAST SCOOPY, GOLDFISH, JUICE LUNCH 1)GRILLED CHEESE SANDWICH 1) EAST/WEST BOSCO&SAUCE OR 2)CHICKEN NUGGETS/ROLL CARROTS, FRUIT</p>	<p>8 BREAKFAST SMILE BREAKFAST COOKIE, GOLD FISH CRACKERS, JUICE, LUNCH 1)PIZZA OR 2)CHICKEN NUGGETS/ROLL, BROCCOLI, FRUIT</p>
<p>11 BREAKFAST POPTART, ELF CRACKERS, JUICE LUNCH 1)CHICKEN NUGGETS/ROLLOR 2)YOGURT PLATE W/ROLL 2) EAST PIZZA BROCCOLI, FRUIT</p>	<p>12 BREAKFAST SUPER DONUT, JUICE LUNCH CORN DOG OR YOGURT PLATE/ROLL, 2)EAST PIZZA CARROTS/ HUMMUS, FRUIT</p>	<p>13 BREAKFAST GRANDMAS COOKIES/YOGURT, JUICE LUNCH 1)HOT PRETZEL W/CHEESE OR 2)YOGURT PLATE/ROLL, 2)EAST PIZZA BROCCOLI, FRUIT</p>	<p>14 BREAKFAST SUPER ROLL, CHEESE STICK, JUICE LUNCH 1)HAMBURGER ON BUN OR 2)YOGURT PLATE/ROLL, 2)EAST PIZZA CARROTS, FRUIT</p>	<p>15 BREAKFAST MUFFIN/CHEESE STICK, JUICE LUNCH 1)PIZZA, 1 EAST WALKING TACO or 2) YOGURT PLATE/ROLL, 2 EAST PIZZA BROCCOLI, FRUIT</p>
<p>18 NO SCHOOL</p> <p><i>I Have A Dream</i></p> <p>Martin Luther King, Jr. Day</p>	<p>19 BREAKFAST SUPER DONUT, CHEESE STICK, JUICE, MILK LUNCH 1)FRENCH TOAST/SAUSAGE OR 2)HOT PRETZEL W/CHEESE BROCCOLI, FRUIT</p>	<p>20 BREAKFAST MUFFIN, CHEESE STICK, FRUIT, JUICE, MILK LUNCH 1)POPCORN CHICKEN/ROLLOR 2)HOT PRETZEL W/CHEESE, CARROTS/HUMMUS, FRUIT</p>	<p>21 BREAKFAST BAR, FISH GRAHAM, FRUIT, JUICE, MILK LUNCH 1)PIZZA OR 2)HOT PRETZEL W/CHEESE, BROCCOLI, FRUIT</p>	<p>22 NO SCHOOL</p>
<p>25 BREAKFAST POPTART KIT, JUICE LUNCH 1)CHICKEN NUGGETS/ROLL OR 2)HAMBURGER ON BUN, CARROTS, HUMMUS, FRUIT</p>	<p>26 BREAKFAST SUPER ROLL, CHEESE STICK, JUICE LUNCH 1)BOSCO STICK W/SAUCE(EAST/WEST), 1)MEATBALL SUB OR 2)HAMBURGER ON BUN, CELERY, FRUIT</p>	<p>27 BREAKFAST COCOA BAR, CHEESE STICK JUICE LUNCH 1)HOT DOG ON BUN OR 2)HAMBURGER ON BUN TOMATOES, FRUIT</p>	<p>28 BREAKFAST SUPER DONUT, CHEESE STICK, JUICE LUNCH 1)GRILLED CHEESE SANDWICH OR 2) HAMBURGER ON BUN CARROTS, FRUIT</p>	<p>29 BREAKFAST BREAKFAST BAR, FISH GRAHAM, CHEESE STICK, JUICE LUNCH 1)PIZZA OR 2) HAMBURGER ON BUN, BROCCOLI, FRUIT</p>

News

**BREAKFAST
FREE THROUGH**

JUNE 3, 2021

LUNCH

***** Now 2 entrees
to choose from *****

FREE THROUGH

JUNE 3, 2021

****VARIETY OF MILK
AVAILABLE EACH
LUNCH****

**MENU SUBJECT TO CHANGE
DUE TO MARKET
AVAILABILITY.
FUN FACT...**

Chef Solis 10 Tips to a Healthy MyPlate - Tip #1

1 Balance MyPlate with
daily activity.
2 Go outside and be active.

